

# Phenotypes ActiLaus

B: Base 2003-2008 F1: Followup 2009-2013 F2: Followup 2014-2018 F3: Followup 2018-2021

## Accelerometry

Activity intensity

F2 F3

Sleep parameters

F2 F3

## Ecological Momentary Assessments (EMA)

Type of activity, mood, stress, energy levels, food intake (4 times a day)

F2 F3

## Self-rating

Energy expenditure (PAFQ questionnaire)

F2 F3

### Additional information

Accelerometry measured using a wrist worn accelerometer (GENEActiv accelerometer (Activinsights Ltd, United Kingdom)).  
Physical activity questionnaire: Physical activity frequency questionnaire (PAFQ).

COMPLEMENTARY INFORMATION ON ASSESSEMENTS OF COLAUS|PSYCOLAUS [here](#)