

Phenotypes ActiLaus

B: Base 2003-2008 **F1:** Followup 2009-2013 **F2:** Followup 2014-2018 **F3:** Followup 2018-2021 **F4:** Followup 2022-2026

Accelerometry

Activity intensity

F2 F3 F4

Sleep parameters

F2 F3 F4

Ecological Momentary Assessments (EMA)

Type of activity, mood, stress, energy levels, food intake (4 times a day)

F2 F3 F4

Self-rating

Energy expenditure (PAFQ questionnaire)

F1 F2

Physical activity (IPAQ questionnaire)

F3 F4

Additional information

Accelerometry measured using a wrist worn accelerometer (GENEActiv accelerometer (Activinsights Ltd, United Kingdom)).

Physical activity questionnaire: Physical activity frequency questionnaire (PAFQ), International physical activity questionnaire (IPAQ).

COMPLEMENTARY INFORMATION ON ASSESSEMENTS OF COLAUS|PSYCOLAUS [here](#)